

**Educator Instructions:**

Please administer this **pre-test** to your students **BEFORE** you initiate a school assembly or lesson plan about teen prescription (Rx) drug abuse. The purpose of the pre-test is to measure students' baseline knowledge about the topic.

Please collect all completed tests and return them to:  
National Association of School Nurses  
*Smart Moves, Smart Choices*  
1100 Wayne Ave #925  
Silver Spring, Maryland 20910

## Student Pre-Test

### Teen Prescription (Rx) Drug Abuse Awareness

1. **For each term in Column A, choose the right definition from Column B.**

#### Column A—Terms

- prescription drugs
- illegal drugs
- over-the-counter drugs

#### Column B—Definitions

- a. Drugs that are prescribed by a doctor for a legitimate medical reason.
- b. Drugs that are against the law to use under any circumstances.
- c. Drugs that are safe for everyone to use, but that are illegal to buy without a doctor's prescription.
- d. Drugs that can be purchased in a pharmacy/store without a doctor's prescription.
- e. Drugs that are kept in a special case where you can't buy them without talking to the pharmacist first.

2. **Which of the following statements are true? Please choose ALL of the correct answers.**

- Taking prescription drugs to get high is safer than using illegal drugs.
- It's possible to become addicted to prescription drugs.
- It's illegal for kids to sell prescription drugs, but it's not against the law to give them away.
- It's safe to take a prescription drug just once or twice, even if it wasn't prescribed for you.
- You should only take prescription drugs if they are prescribed for you by a doctor for a specific medical reason.
- It's safe to take a prescription drug that was not prescribed for you by a doctor.
- Taking drugs that were prescribed for someone else is against the law.
- You can die from taking too much of a prescription drug.
- It's safe to use someone else's prescription drugs.
- It's especially dangerous to take many prescription drugs in combination with alcohol.

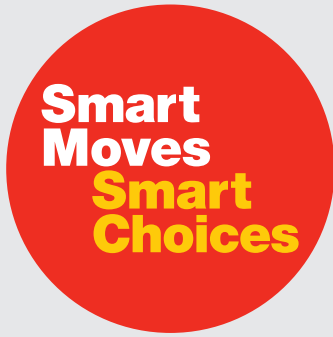
## Student Pre-Test continued

3. **You see a friend taking a pill, and ask him about it. Which of the following answers IS a sign that your friend is misusing drugs? Please choose ALL of the correct answers.**

- “My doctor prescribed it for me.”
- “It’s stuff for my allergies that I bought from the drug store.”
- “It’s one of my mom’s pills.”
- “It’s my little brother’s ADHD medicine. I figure I’ve got ADHD too, so it’s okay for me to take it.”
- “I bought it from Jake.”
- “I hurt my knee in gym so I’m taking two of the pain pills my doctor gave me after I had surgery.”
- “It’s a prescription for my mom, but she said I could take it.”

4. **You suspect that one of your friends might be abusing prescription drugs. What are some of the signs you might look for to tell if you’re right or wrong?**

5. **You confront your friend, and he or she admits to abusing prescription drugs. What would you say to help convince him or her to stop?**



# Student Pre-Test Answer Key

## Attention School Professionals:

The answer key is provided as a courtesy for you to know the correct answers to the student test.

**It is not necessary for you to grade the tests.**

Instead, please collect all of the completed student pre-tests and post-tests and return them to:

National Association of School Nurses  
Smart Moves, Smart Choices  
1100 Wayne Ave #925  
Silver Spring, Maryland 20910

## Student Pre-Test

### Teen Prescription (Rx) Drug Abuse Awareness

1. For each term in Column A, choose the right definition from Column B.

#### Column A—Terms

- a prescription drugs
- b illegal drugs
- d over-the-counter drugs

#### Column B—Definitions

- a. Drugs that are prescribed by a doctor for a legitimate medical reason.
- b. Drugs that are against the law to use under any circumstances.
- c. Drugs that are safe for everyone to use, but that are illegal to buy without a doctor's prescription.
- d. Drugs that can be purchased in a pharmacy/store without a doctor's prescription.
- e. Drugs that are kept in a special case where you can't buy them without talking to the pharmacist first.

2. Which of the following statements are true? Please choose ALL of the correct answers.

- Taking prescription drugs to get high is safer than using illegal drugs.
- It's possible to become addicted to prescription drugs.
- It's illegal for kids to sell prescription drugs, but it's not against the law to give them away.
- It's safe to take a prescription drug just once or twice, even if it wasn't prescribed for you.
- You should only take prescription drugs if they are prescribed for you by a doctor for a specific medical reason.
- It's safe to take a prescription drug that was not prescribed for you by a doctor.
- Taking drugs that were prescribed for someone else is against the law.
- You can die from taking too much of a prescription drug.
- It's safe to use someone else's prescription drugs.
- It's especially dangerous to take many prescription drugs in combination with alcohol.

## Student Pre-Test **Answer Key** continued

3. **You see a friend taking a pill, and ask him about it. Which of the following answers IS a sign that your friend is misusing drugs? Please choose ALL of the correct answers.**

- “My doctor prescribed it for me.”
- “It’s stuff for my allergies that I bought from the drug store.”
- “It’s one of my mom’s pills.”
- “It’s my little brother’s ADHD medicine. I figure I’ve got ADHD too, so it’s okay for me to take it.”
- “I bought it from Jake.”
- “I hurt my knee in gym so I’m taking two of the pain pills my doctor gave me after I had surgery.”
- “It’s a prescription for my mom, but she said I could take it.”

4. **You suspect that one of your friends might be abusing prescription drugs. What are some of the signs you might look for to tell if you’re right or wrong?**

**Student answers could include any of the following:**

- changes in behavior
- changes in moods and emotions
- physical changes

5. **You confront your friend, and he or she admits to abusing prescription drugs. What would you say to help convince him or her to stop?**

**Student answers could include any of the following:**

- health problems
- death
- illegality
- possibility of addiction
- long-term negative impacts of addiction on the friend’s life  
(this would likely be mentioned in conjunction with the previous point about addiction)