STUDENT POST-TEST



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Educator Instructions:

Please administer this **post-test** to your students **AFTER** you initiate a school assembly or lesson plan about teen prescription (Rx) drug abuse. The purpose of the post-test is to evaluate students' knowledge after they have participated in a school assembly or lesson plan about teen prescription drug abuse.

Please collect all completed tests and return them to: National Association of School Nurses Smart Moves, Smart Choices 1100 Wayne Ave #925 Silver Spring, Maryland 20910

Student Post-Test

Teen Prescription (Rx) Drug Abuse Awareness

1. For each term in Column A, choose the right definition from Column B. Column A-Terms Column B—Definitions a. Drugs that are against the law for anyone to use at any time for any reason. prescription drugs b. Drugs that can't do any harm to anyone, but that are legal to illegal drugs buy only with a doctor's prescription. over-the-counter drugs c. Drugs that can be purchased in a pharmacy/store without a doctor's prescription. d. Drugs that a doctor prescribes to treat a legitimate medical condition. e. Drugs that must be kept locked up in a drug store by law. 2. Which of the following statements are true? Please choose ALL of the correct answers. It's not possible to become addicted to prescription drugs. You should only take prescription drugs if they are prescribed for you by a doctor for a specific medical reason. If you're going to get high on drugs, it's safer to do it with prescription drugs. Even taking a prescription drug just once or twice can be dangerous if it wasn't prescribed for you. It's dangerous to use another person's prescription drugs. Taking a drug that was prescribed for someone else is illegal. Mixing alcohol with many prescription drugs is dangerous. A person can die from taking too much of a prescription drug.

It's not safe to take a prescription drug unless it was prescribed for you by a doctor.

It's against the law to sell prescription drugs or to give them away.

Student Post-Test continued

IS a sign that your friend is misusing prescription drugs? Please choose ALL of the correct answers.
 "My sister's on antidepressants. I've been feeling kind of depressed lately, so I figured I'd try it out." "I got it from John. It's good stuff, and it was pretty cheap." "It's a prescription for my dad, but he said I could take it." "It's aspirin for my headache." "My doctor gave me a prescription for a medical condition that I have." "It's one of my dad's pills." "I've got a really bad headache today, so I'm trying one of the prescription pain pills my doctor gave me when I had my appendix out."
4. You're part of a group that's been assigned to make a poster to help other students recognize signs of prescription drug abuse in someone they know. What would you include on the poster?

5. You and your class are writing a "Create Your Own Adventure" story with multiple endings to help educate other kids about the dangers of prescription drug abuse. What are some possible story endings you would want to include to help other kids realize the bad things that might happen in their lives if they abuse prescription drugs?





Student Post-Test Answer Key

Attention School Professionals:

The answer key is provided as a courtesy for you to know the correct answers to the student tests.

It is not necessary for you to grade the tests.

Instead, please collect all of the completed student pre-tests and post-tests and return them to:

National Association of School Nurses Smart Moves, Smart Choices 1100 Wayne Ave #925 Silver Spring, Maryland 20910

Student Post-Test

Teen Prescription (Rx) Drug Abuse Awareness

1. For each term in Column A, choose the right definition from Column B.

Column A-Terms

- **d** prescription drugs
- illegal drugs
- over-the-counter drugs

Column B-Definitions

- a. Drugs that are against the law for anyone to use at any time for any reason.
- b. Drugs that can't do any harm to anyone, but that are legal to buy only with a doctor's prescription.
- c. Drugs that can be purchased in a pharmacy/store without a doctor's prescription.
- d. Drugs that a doctor prescribes to treat a legitimate medical condition.
- e. Drugs that must be kept locked up in a drug store by law.

2. Which of the following statements are true? Please choose ALL of the correct answers.		
	It's not possible to become addicted to prescription drugs.	
	You should only take prescription drugs if they are prescribed for you by a doctor for a specific medical reason.	
	If you're going to get high on drugs, it's safer to do it with prescription drugs.	
	Even taking a prescription drug just once or twice can be dangerous if it wasn't prescribed for you.	
	It's dangerous to use another person's prescription drugs.	
	Taking a drug that was prescribed for someone else is illegal.	
	Mixing alcohol with many prescription drugs is dangerous.	
	A person can die from taking too much of a prescription drug.	
	It's not safe to take a prescription drug unless it was prescribed for you by a doctor.	
	It's against the law to sell prescription drugs or to give them away.	

Student Post-Test Answer Key continued

3. You see a friend taking a pill, and ask her about it. Which of the following answers IS a sign that your friend is misusing prescription drugs?

Please choose ALL of the correct answers.

"My sister's on antidepressants. I've been feeling kind of depressed lately, so I figured I'd try it out."
"I got it from John. It's good stuff, and it was pretty cheap."
"It's a prescription for my dad, but he said I could take it."
"It's aspirin for my headache."
"My doctor gave me a prescription for a medical condition that I have."
"It's one of my dad's pills."
"I've got a really bad headache today, so I'm trying one of the prescription pain pills my doctor gave me when I had my appendix out."

4. You're part of a group that's been assigned to make a poster to help other students recognize signs of prescription drug abuse in someone they know.

What would you include on the poster?

Student answers could include any of the following:

- changes in behavior
- changes in moods and emotions
- physical changes
- 5. You and your class are writing a "Create Your Own Adventure" story with multiple endings to help educate other kids about the dangers of prescription drug abuse. What are some possible story endings you would want to include to help other kids realize the bad things that might happen in their lives if they abuse prescription drugs?

Student answers could include any of the following:

- health problems
- death
- illegality
- possibility of addiction
- long-term negative impacts of addiction on the kid's life (this would likely be mentioned in conjunction with the previous point about addiction)